

What happens in the Mass?

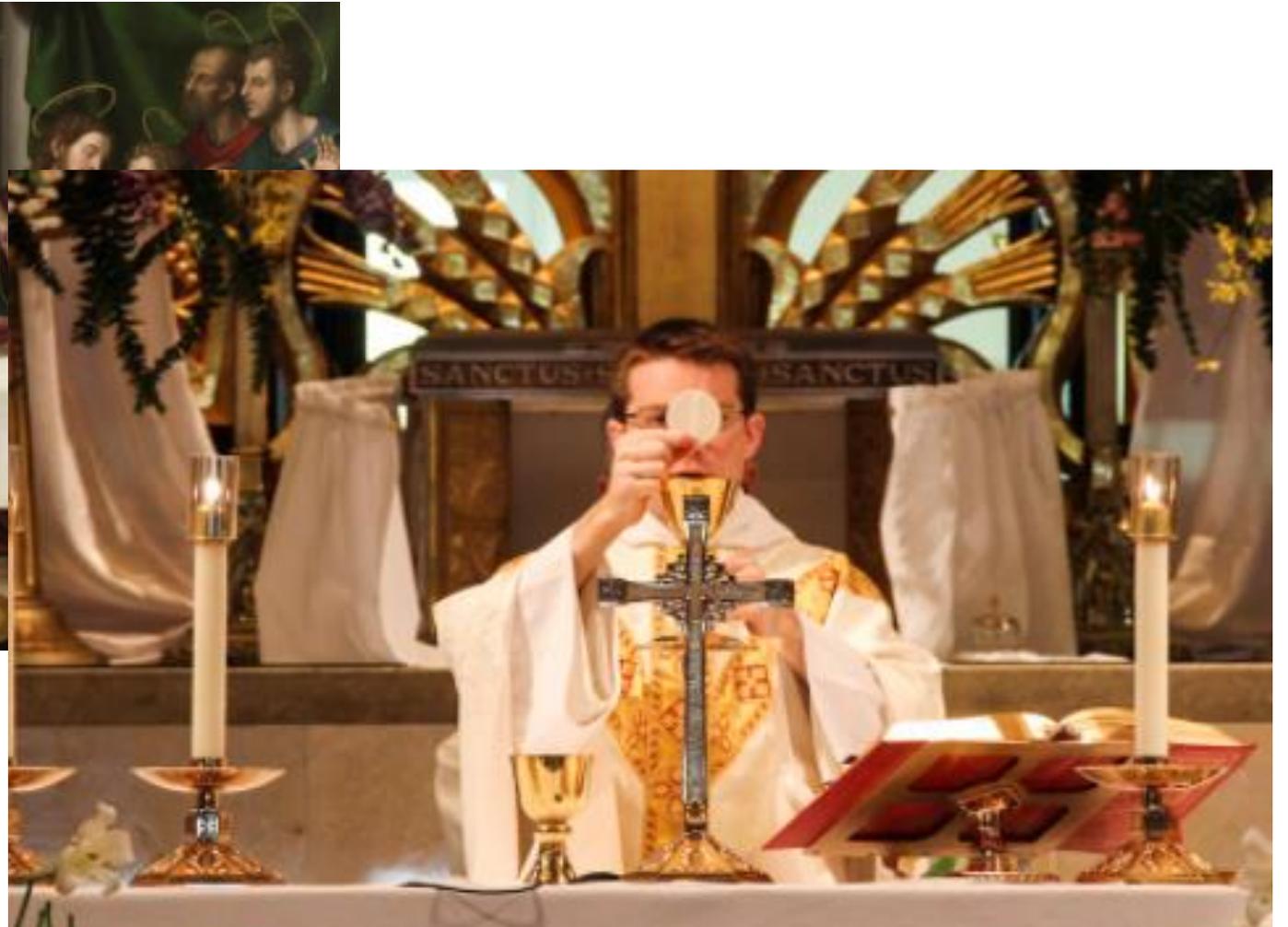


Session 2

Remember from yesterday:

- Holy Communion is Jesus' gift to us. The bread and wine really are his body and blood.
- When we receive Him in Holy Communion we are the closest we can be to our best friend.
- When we receive Him in Holy Communion he lives inside us and is food for our souls. He helps us to love Him and behave in a Christian way.

At the last supper Jesus said “Do this to remember Me”. When do we do this?



Four Parts to the Mass

We finish the Mass after being fed by Jesus and try to go out into the world to make it a better place

The priest says the Eucharist prayer and asks God to turn the bread and wine into Jesus' body and blood for us to receive

We start the Mass by saying we're sorry for our sins and by praising God.

We hear the Word of God by listening to the Bible

1. Introductory Rite



2. Liturgy of the Word



3. Liturgy of the Eucharist



4. Concluding Rite



The Eucharistic Prayer – what happens?



The Epiclesis

<https://www.youtube.com/watch?v=83qV-rSs9f0>

<https://www.youtube.com/watch?v=5X60UMtfqqU>



The Elevation of the Host

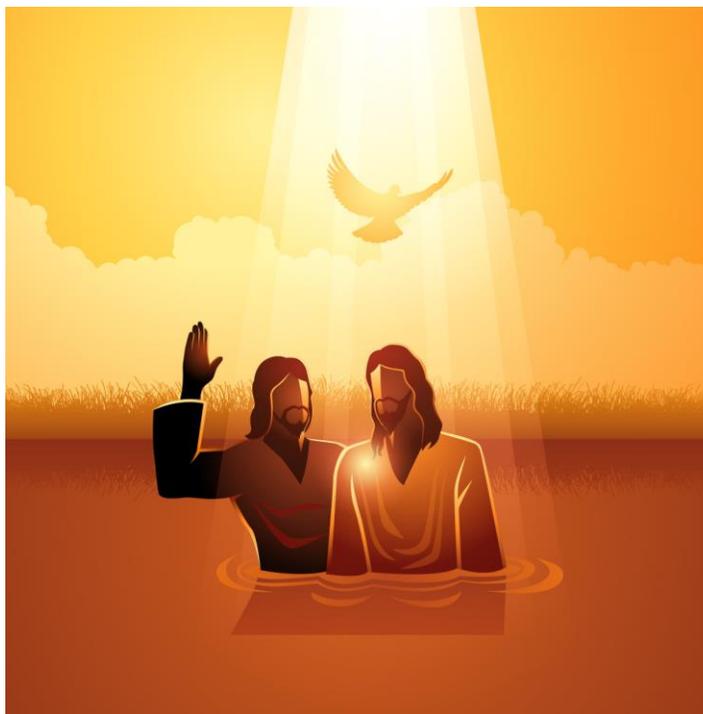
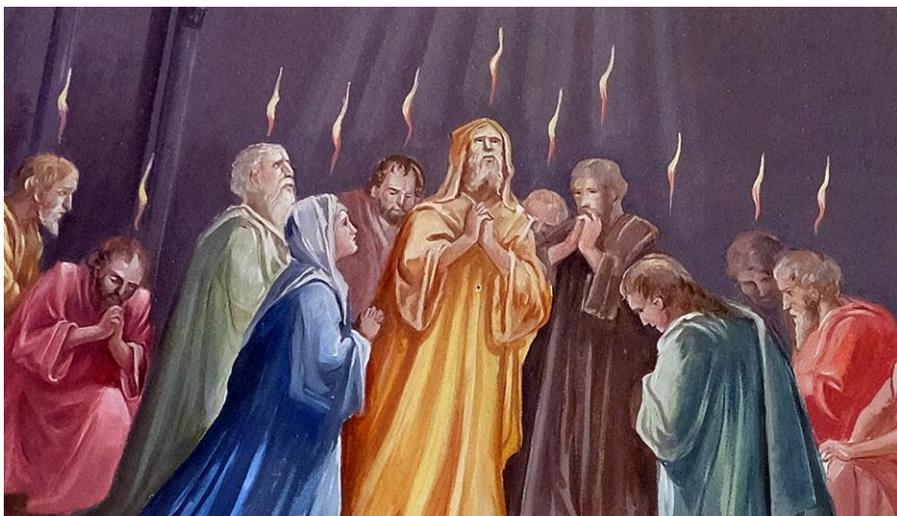
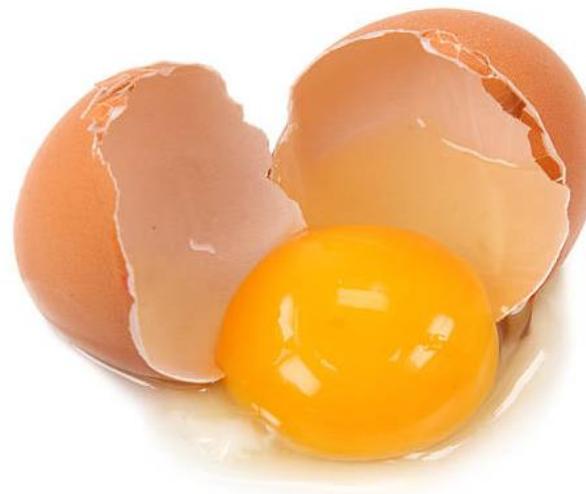
48.07

1.57

48.25

2.19

Transubstantiation



“I AM the bread of Life”

“My flesh is REAL food”

“Who ever eats me will have life”



How should we behave if we really are receiving Jesus' Body and Blood?



What does our body language say about how we're feeling/thinking?

Summing up:

- The Mass is split into four parts.
- In the Eucharistic prayer, the priest ask the Holy Spirit to change the bread and wine into the Body and Blood of Jesus.
- Transubstantiation means that the bread and wine still look and taste the same, but they are **really** Jesus.