



St. Bede's Catholic Primary School

Advent Newsletter, Week 2



“A voice cries out in the wilderness: prepare a way for the Lord”

Dear families of St. Bede's,

This weekend we welcomed the second Sunday of Advent. We listened to Matthew's Gospel where we are reminded that our purpose, first and foremost, ought to be pointing others to Christ. Just as John the Baptist prepared the way for Jesus and called the people to not trust their heritage but to repent of their sins and follow God, pointing to Him, we want everything we do to reflect the love of God and give glory to Him. This week as we journey through the second week of Advent, I invite you to take time to think about where you have heard the Good News and to ask yourselves if you too have proclaimed it to others.



I thank you again for your continued support and wish you all a happy and peaceful week.

With my very best wishes,

Celia Salter
(RE Lead)

Oplatek

This Polish custom of the breaking and passing of the thin wafery Oplatek bread at the Christmas Eve meal reminds us of our daily bread and the Bread of Life who came into the world.

Ingredients

5 eggs	2 cups sugar	$\frac{3}{4}$ cup hazelnuts, chopped
$\frac{3}{4}$ cup raisins	1 peeled, finely chopped orange	$\frac{1}{2}$ tsp salt
2 tsp baking powder	1 cup butter	1 tbsp lemon zest
		1 tsp vanilla

Preparation

Pre-heat oven to 350°F / 190°C.

Beat eggs and sugar 5 minutes.

Mix in nuts, raisins and orange. Add 2 Tbsp. (30 mL) flour.

Sift remaining flour, salt and baking powder together.

Cream butter, mixing in lemon zest, vanilla and vodka.

Gradually add egg mixture, beating constantly.

Add sifted dry ingredients and mix 5 minutes until

Working through Advent with thoughts for the day

Monday

What do we need forgiveness for in our lives?

We pray for an attitude of compassion, rather than judgement

Tuesday

Are we in the right place in our relationship with each other and with God?

We pray for those estranged from their families

Wednesday

What do we feel overburdened by? A trouble shared is a trouble halved.

We pray for those doing multiple jobs to make ends meet

Thursday

What have you been chosen by God to do?

We pray for all who live and work in the diocese

Friday

Do we judge a book by its cover or do we get to know the person that lies beneath?

We pray for those who don't feel they belong

Camrose House Christmas Cards

As part of our support for charities this Advent, we have been working with Camrose House, a homeless shelter, to create Christmas cards for their patrons. We started by designing our cards, and then discussed what we should write inside to give a positive message to those who may be struggling at this time of year.

We linked our thoughts and ideas to two strands of Catholic Social Teaching:

Human dignity: to treat everyone with love and respect as we are all made in the image and likeness of God.

Solidarity: to stand side by side with our sisters and brothers, particularly those living through difficult circumstances.

